



2026 AACI California Regional Sports Medicine Competition Schedule

American Academic Competition Institute

presents

The 25th Annual California Regional High School Sports Medicine Competition

March 14, 2026

Sponsored and endorsed by:





2026 AACI California Regional Sports Medicine Competition Schedule

Welcome to the 25th Annual American Academic Competition Institute (AACI) California Regional High School Sports Medicine Competition.

The competition will consist of two parts:

1. A written exam testing general knowledge in the Sports Medicine field.
2. A practical exam consisting of four tasks to be performed plus a taping skill.

Awards will be given in the following categories:

1. **The Anatomage Anatomy Challenge** – Top 4 scoring teams will participate in a “Final Round”. The team with the overall high score in the final round will be named “The Anatomage Anatomy Challenge Champion”.
2. **The Quiz Bowl** – Each school may designate a team of three (3) students to compete in this specialty event. The Quiz bowl is a “Jeopardy Style” event covering several different categorize in the healthcare field.
3. **Medical terminology**- One (1) student form each school may compete in the specialty test. The program’s teacher must designate the student to compete.
4. **High School Athletic Training Student of the Year (STOY) Award**-Student must be nominated by instructor for this award. In addition to exams, this student has submitted an essay along with a portfolio and will be judged on a presentation during the competition.
 - o The STOY finalists will present in the following order:
 - **Miranda Kerr – Christian Brothers School**
 - **Zoebelen Navia Zepeda – Venice High School**
 - **Sofie Miera – Yelm High School**
5. **Individual Divisions** – Any student who completes both written and practical exam. Top-five total scores in each division will be awarded medals.
 - o Novice Division - First year in students’ program
 - o Intermediate Division – Second year in students’ program.
 - o Advanced Division- More than two years in students’ program.
6. **Team Divisions** - Schools with more than 4 students will be competing as a team. Top five schools’ total averages in each division will be awarded trophies.
 - o Small School Team – any school competing with 5 to 10 students.
 - o Medium School Team - any school competing with 11 to 20 students.
 - o Large School Division – any school competing with more than 21+students.
7. **Sportsmanship Award** – The award will be given to the school/team which, through actions demonstrates fairness, respect, honesty, unselfishness, and responsibility today.
8. **Super Team Award**
 - o Schools must compete in the written exam, the practical exam, the medical terminology/abbrev exam, and the mini quiz bowl to be eligible.
 - o Each school’s top eight (8) students’ scores, no matter what division they compete in, + scores from the medical terminology/abbrev exam, + points from Quiz Bowl will make up a schools Super Team Score.
 - o The top five (5) “Super Team Scores” will be announced during the awards ceremony.

Instructions for the day:

- When you registered, you received a packet containing this letter, a nametag, and a T-shirt.
- Please wear the name tag; it has your **Name, Division, School Name, Group Session, Written Exam Group Time & Room, & Practical Time**, on it. This will help identify you throughout the competition and especially during the judging!
- The Practical will take place in the gym. Your school has been given a specific time for your practical (located on your name tag) ...all students from the school must be present at that time.
- Only exceptions if competing in a special event, then please complete practical immediately prior or following your specialty quiz/test.
- Upon completion of your practical, you will be released to your breakout sessions or other events



2026 AACI California Regional Sports Medicine Competition Schedule

Time / Room	Front Office	101 - 108	501/502, 503	Location TBA	Faculty Lounge	SFHS Gym	Founders Hall	Med Science behind/below Theatre	Room 102
7:30- 8:30	Registration	-	-	-	Coffee & items	-	-	-	-
8:35 - 8:50	WELCOME Announcements in GYM								
9:00-10:30		Group 1 Written Exam	Group 1 Written Exam		Social 9:00-12:00 Teachers/AT's & Sponsors	Group 2 Practical Exams			
10:45-12:15		Group 2 Written Exam	Group 2 Written Exam		Social 9:00-12:00 Teachers/AT's & Sponsors	Group 1 Practical Exams	-	-	-
12:15 -1:00	LUNCH								
Speaker Locations	N/A	Gym Cognify Concussion	501-502 ATU the Future	TBA Julie Sprengle Healthcare Leader	-		<i>Anatomage Anatomy Challenge team times 9- 2:45</i>	QUIZ BOWL <i>1 team of 3 Per school attending 1:00-2:45 See sched.for team time 12:45 - 1:25 1:30 - 2:10 2:15 - 2:55</i>	<i>Medical Abbrev. Specialty Test time</i> <i>1 student per school designated by teacher Rm 102 1:00-1:50</i>
1:00-1:30	N/A	Group A	Group B	Group C	-		<i>3-4 Students per team Teacher Designated + Designated Time</i>		
1:35-2:05	N/A	Group B	Group C	Group A	-				
2:10-2:40	N/A	Group C	Group A	Group B	-				
					-				
2:55 - 3:50	ALL attendees to the Gym for Student of the Year finalists presentations								
3:55- 4:25	"Quiz Bowl" Finals and "Anatomage Challenge" Finals								
4:25-5:00	Awards Presented								



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St. Francis Logistics
200 Foothill Blvd., La Canada, Ca. 91011



Parking Information

- **Standard Vehicles:** Free parking for cars, trucks, and standard vans is available in the Parking Structure on campus.
- **Tall Commuter Vans:** Vehicles exceeding standard height should park in the north lot, located immediately before the Parking Structure.
- **Buses:** Passenger drop-off is permitted in front of the school. Off-campus parking is required for buses.



**2026 AACI California Regional Sports Medicine Competition Schedule
WRITTEN EXAM TIME & LOCATIONS**

GROUP 1 - Written Exam 9:00-10:30

GROUP 2 - Written Exam 10:45-12:15

#	School	Classroom	Group
1	ACE HS	102, 101(2)	1
2	Agoura HS	501(32), 502(32), 503(9)	1
3	Arcadia HS	102	1
4	Arroyo HS	103	1
5	Blair HS	101	1
6	Brea Olinda HS	102	1
7	Fairmont HS	107	1
8	Kent Meridian HS	104	1
9	Kentwood HS	101	1
10	La Canada HS	104	1
11	Lynbrook HS	103	1
12	Marymount HS	104	1
13	Mount Spokane HS	106	1
14	Notre Dame HS	503	1
15	Palm Springs HS	103	1
16	South Pasadena HS	108(32), 107(16)	1
17	Venice HSI	105	1
18	Village Christian	107	1

#	School	Classroom	Group
19	Chaparral HS	104	2
20	Charter Oak HS	104	2
21	Christian Brothers	104	2
22	Clovis Unified	108	2
23	Colton HS	108	2
24	Crescenta Valley HS	501	2
25	Downey HS	501	2
26	Franklin Pierce HS	502	2
27	Gonzales HS	102	2
28	Lynwood HS	-	-
29	North HS	106	2
30	Palmdale HS	101	2
31	Reedley HS	502	2
32	San Dimas HS	102	2
33	San Jacinto HS	103	2
34	South HS	103	2
35	South Tahoe HS	106	2
36	St Augustine HS	502	2
37	St Francis HS	-	-
38	Valencia Academy	105	2
39	Warren HS	105	2
40	West Ranch HS	105	2
41	Yelm HS	101	2
42	West Covina	502	2



**2026 AACI California Regional Sports Medicine Competition Schedule
PRACTICAL EXAM TIMES**

School Practical Times				
Time	School 1	School #	School 2	School #
9:00 AM	Clovis	28		
9:06 AM	Chaparral	13		
9:12 AM	Palmdale	21	Franklin Pierce	6
9:18 AM	North	16	West Covina	9
9:24 AM	Crescenta Valley	14	Reedley	13
9:30 AM	Charter Oak	14		
9:36 AM	Valencia	19		
9:42 AM	Christian Brothers	8	St. Augustine	9
9:48 AM	Downey	9	San Jancinto	9
9:54 AM	Gonzales	14	Warren	7
10:00 AM	South	20	Colton	5
10:06 AM	San Dimas	16		
10:12 AM	SFHS C Block	28		
10:18 AM	SFHS F Block	22		
10:24 AM	SFHS 2nd Years	8	Yelm	12
10:30 AM	South Tahoe	15	West Ranch	6
BREAK	BREAK	BREAK	BREAK	BREAK
10:45 AM	Agoura	28		
10:51 AM	Agoura	28	Blair	16
10:57 AM	Agoura	16	Fairmont Prep	17
11:03 AM	Arcadia	8	Brea Olinda	10
11:09 AM	Venice	28		
11:15 AM	South Pasadena	28		
11:21 AM	South Pasadena	20		
11:27 AM	ACE	16	Lynbrook	1
11:33 AM	Kent Meridian	20		
11:39 AM	Mount Spokane	13	Marymount	2
11:45 AM	Village Christian	18	Arroyo	4
11:51 AM	Notre Dame - Riv	19	La Canada	10
11:57 AM	Palm Springs	26		
12:03 PM	Kentwood	11		
12:09 PM				
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH

If you are unable to attend your practical due to a “issue” please find a AACI team member to assist



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Anatomage



ANATOMAGE CHALLENGE

Tournament Schedule – Preliminary Rounds & Demos

March 14, 2026

4 Anatomage Tables (15 min)

Founders Hall

Time	Team 1	Team 2	Team 3	Team 4
9:00 AM				
9:15 AM	Christian Brothers A	Christian Brothers B	South A	South B
9:30 AM	San Dimas A	San Dimas B	Yelm A	
9:45 AM	St Francis A	West Covina A	West Covina B	
10:00 AM	Clovis A	Clovis B		
10:15 AM	Charter Oak A	Charter Oak B	Valencia A	Valencia B
10:30 AM				
10:45 AM	Kentwood A	San Jacinto A	South Pasadena B	South Pasadena A
11:00 AM	Mt Spokane A	Mt Spokane B	Village Christian B	Village Christian A
11:15 AM	Agoura A	Agoura B	Kent Meridian A	Kent Meridian B
11:30 AM	Arcadia A	Arcadia B	Blair A	
11:45 AM	Venice A	Venice B		
12:00 PM	open for demos	open for demos	open for demos	open for demos
12:15 PM				
12:30 PM				
12:45 PM				
1:00 PM	Reedley A	Reedley B	South Tahoe A	
1:15 PM	Brea Olinda A	Crescenta Valley A	Crescenta Valley B	
1:30 PM	open for demos	open for demos	open for demos	open for demos
1:45 PM	open for demos	open for demos	open for demos	open for demos
2:00 PM	open for demos	open for demos	open for demos	open for demos
2:15 PM	open for demos	open for demos	open for demos	open for demos
2:30 PM	open for demos	open for demos	open for demos	open for demos

Please make sure competitors are on correct Team (A or B)

***Top 4 schools in preliminary rounds will compete in the Finals**



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Specialty Test – Medical Abbreviation

One Student Selected by Instructor prior to competition.

Room 102

#	Med Abbreviation 1:00pm-2:00pm
1	Agoura High School
2	Arcadia High School
3	Blair High School
4	Brea Olinda High School
5	Charter Oak High School
6	Christian Brothers School
7	Clovis Unified
8	Colton High School
9	Kent Meridian High School
10	Kentwood High School
11	La Canada High School
12	Mount Spokane High School
13	Notre Dame High School
14	Reedley High School
15	South High School
16	South Pasadena High School
17	St Francis High School
18	Valencia Academy
19	Venice High School
20	Yelm High School
21	West Covina

QUIZ BOWL

Three students selected by Instructor prior to competition.

Med Science room (behind Theatre & downstairs)

Quiz Bowl			
#	School	Session	Time
1	Agoura	1	12:45- 1:25
2	Arcadia	1	12:45-1:25
3	Blair	1	12:45- 1:25
4	Charter Oak	1	12:45-1:25
5	Christian Brothers	1	12:45- 1:25
6	Colton	1	12:45-1:25
7	Palm Springs	1	12:45- 1:25
8	South	1	12:45-1:25
9	Franklin Pierce	1	12:45- 1:25
1	Clovis	2	1:30- 2:10
2	Kent-Meridian	2	1:30 - 2:25
3	Kentwood	2	1:30- 2:10
4	Mt. Spokane	2	1:30- 2:10
5	Notre Dame	2	1:30- 2:10
6	Reedley	2	1:30- 2:10
7	St Augustine	2	1:30- 2:10
8	Warren	2	1:30- 2:10
9	West Covina	2	1:30- 2:10
1	Brea Olinda	3	2:15 - 2:55
2	San Dimas	3	2:15 - 2:55
3	South Pasadena	3	2:15 - 2:55
4	South Tahoe	3	2:15 - 2:55
5	St. Francis	3	2:15 - 2:55
6	Valencia	3	2:15 - 2:55
7	Venice	3	2:15 - 2:55
8	West Ranch	3	2:15 - 2:55
9	Yelm	3	2:15 - 2:55



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Athletic Training Education Programs Accredited in California

California Baptist University Entry Level Master's degree	Riverside, CA. 91702 951-343-4379	Point Loma Nazarene Entry Level Master's	San Diego, CA 92106 619-849-2629
California State University, Fresno Entry Level Master's	Fresno, CA 93740 559-278-7389	San Diego State University Entry Level Master's	San Diego, CA 92182-7251 619-594-3825
California State University, Fullerton Entry Level Master's	Fullerton, CA 92834-6870 714-278-2676	University of La Verne Entry Level Master's degree	La Verne, CA, 909 593-3511x4259
California State University, Long Beach Entry Level Master's	Long Beach, CA 90840 562-985-4669	University of the Pacific Entry Level Master's degree	Stockton, CA 95211 209-946-3182
California State University, Northridge Entry Level Master's	Northridge, CA 91330-8287 818-677-4738		

*Source 3/2026 www.caate.net

AACI National Sports Medicine Competition
Written Exam - May 8-19, 2026
Practical's - May 20 – 29, 2026
Awards Announced June 1, 2026
www.aacitest.org



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